



CAFE/BAKERY HOURS

Open Daily – 8am to 3:30pm
 Coffee and Pastries served until 4:30pm
 Walk-ins only. Reservations not accepted.
 www.waterwheelcafe.com

DINNER HOURS

Thursday through Saturday 5:00pm
 Bar Opens at 5:00PM
 Reservations encouraged.
 570-296-2383

— Est. 1989 —

BREAKFAST

FROM THE BAKERY

~See our bakery counter for today's selection~

Assorted Croissants & Danish	\$2.50-\$3.50 ea
Assorted Bread Pudding & Coffee Cake	\$3.50-\$4.00 ea
Assorted Muffins & Scones	\$2.25-\$3.00 ea
Strudel & Turnover	\$2.50-\$3.50 ea
Bagel \$1.25 w/Butter \$1.75 w/Cream Cheese \$2.50	

Bagel & Lox

**Smoked Salmon, Cream Cheese,
 Tomato, Red Onion & Capers - \$16**

FROM THE GRIDDLE

Whole Grain Pancakes with Fresh Fruit	\$5.50
Short Stack	\$4.50
Challah French Toast with Fresh Fruit	\$6.00
Short Stack	\$5.00

(Pure Maple Syrup - \$1.00)

Hungry as a Bear

***Two Eggs, Sausage, Bacon or Ham,
 Short Stack of Pancakes or French Toast & Home Fries - \$12**

BREAKFAST SIDES

Home Fries	\$2.25
Bacon, Ham, or Sausage	\$3.25
Toast (Country White, Whole Wheat, Rye, Pumpkinickel, Grain or Semolina Seeded Baguette)	\$1.75
Fresh Fruit	Cup \$3.25 Bowl \$5.95
Extra Jam or Cream Cheese	\$.25

***OMELETTES & EGGS**

~Omelettes served with Home Fries & Toast~

Gristmill Omelette (Ham, Onions, Peppers, Swiss or Cheddar)	\$8.00
Bacon & Cheddar Omelette	\$7.50
Brie, Sun-Dried Tomato & Spinach Omelette	\$10.00
Feta, Tomato, Onion & Spinach Omelette	\$9.50
Fresh Mozzarella, Roasted Peppers & Basil Omelette	\$9.50
Vegetable Omelette (Onions, Peppers, Tomato, Spinach & Zucchini)	\$8.00
Western Omelette (Peppers, Onions & Ham)	\$7.00
Two Eggs w/Bacon, Ham or Sausage & Toast	\$3.95
Sirloin Steak & Eggs, w/Home Fries & Toast	\$14.50
<i>Extra Egg \$.85 Egg Whites add \$1.00 Poached Eggs add \$1.00</i>	

**Smoked Salmon & Crispy Potato Pancakes
 Sour Cream-Dill Sauce & Capers - \$15**

***BREAKFAST SANDWICHES**

Egg on a Roll	\$2.95
Egg & Bacon, Ham or Sausage on a Roll	\$4.25
Eggs, Potato, Onions & Peppers on Semolina Baguette	\$6.00
Spicy Scrambled Eggs & Vegetable Wrap	\$5.50
Western Egg Wrap (Peppers, Onions, Ham)	\$6.00
Add American, Cheddar or Swiss - \$1.25	
Add Brie, Fresh Mozzarella, Goat Cheese or Gorgonzola - \$2.25	
On Croissant or Bagel - \$1.25	

Breakfast B.L.A.T.

***Egg, Bacon, Lettuce, Avocado, Tomato,
 Cheddar, Mayonnaise on a Croissant - \$8.50**

HOT OATS, YOGURT & GRANOLA

Low-Fat Yogurt (Vanilla or Plain) with Low-Fat Organic Granola & Fresh Fruit	\$6.95
Almond-Vanilla Gluten-Free Granola with Plain Yogurt & Fresh Fruit	\$7.50
Whole Grain Oatmeal (Brown Sugar & Raisins)	Cup \$3.00 Bowl \$4.00
Vegan Power Bowl (Oatmeal, Cranberries, Almonds, Pumpkin Seeds & Fresh Fruit)	\$7.50

MIMOSA

BEVERAGES

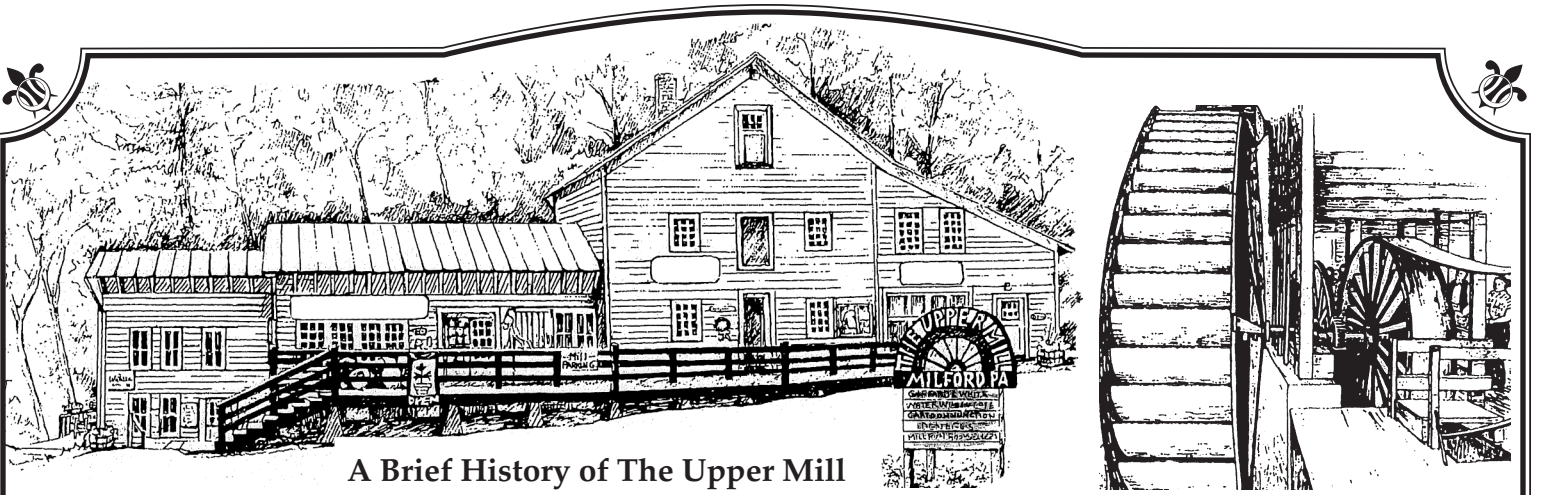
BLOODY MARY

Coffee - \$2.75 Tea - \$2.25 Espresso - \$2.95 Cappuccino - \$3.95 Mochaccino - \$5.00 Latte - \$4.25
 Chai Latte - \$4.25 Dirty Hippie - \$5.00 Hot Chocolate - \$3.50 (with Almond Milk - add .75¢)
 Orange Juice, Grapefruit, Apple, Apple-Cranberry, Pineapple, V-8 - \$3.00-\$4.00



(20% Gratuity will be added to tables of 6 or more)

*Consumer Advisory: Though food may be cooked to order, consuming raw or undercooked eggs, meat, poultry, seafood or shellfish may increase your risk of food borne illness.



A Brief History of The Upper Mill

The Upper Mill was one of nine water powered mills operating in Milford in the early 1800's, six of which were located here on the Sawkill Creek, which originally powered the Upper Mill.

This gristmill produced animal feed, cornmeal, wheat flour, rye flour, and the local specialty, buckwheat flour, for local consumption and commercial uses.

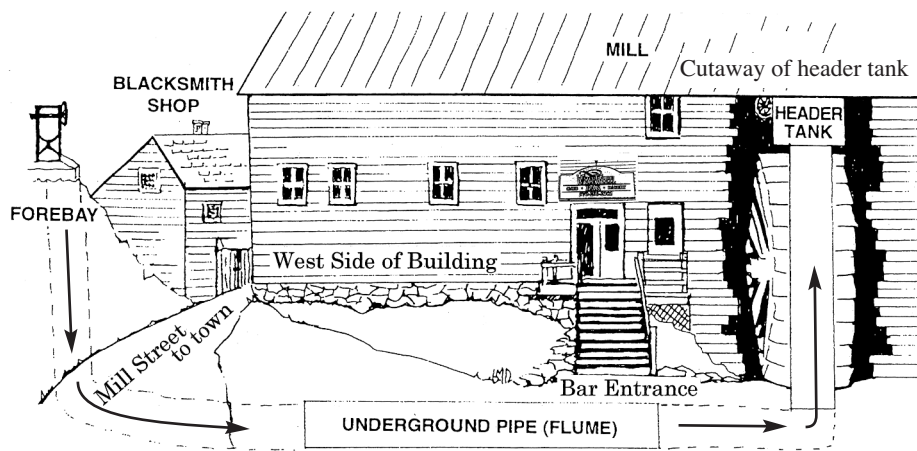
Across from the mill, a blacksmith shop offered horseshoeing, wheelwrighting, toolmaking and other services for farmers and others.

Wheelwrights made wooden wheels for carts, carriages, and wagons. The blacksmith helped by making the iron hoop tires for the rims.

Dust, heat and friction created by revolving millstones made fire a particular danger in gristmills. In 1881, a fire destroyed the Upper Mill. It was rebuilt by 1882 with a newer technology, a turbine, providing the energy. This small horizontal waterwheel is still visible below the building. In 1922, the turbine was replaced by a 24 foot overshot waterwheel, which continues to turn seasonally.

The Upper Mill offers a unique glimpse of rural America more than 150 years ago. As the demand for grist milling declined, the waterpower was used for other manufacturing purposes such as metal working and wood manufacturing.

The original Sawkill Creek water supply is no longer available due to the Mill's dam removal in the 1950's. Today the mill operates with the limited water supply of the Vantine Brook, demonstrating how waterpower was harnessed to process raw materials into animal feed and flour. The Upper Mill District is listed on the National Register of Historic Places.



Water from the Vantine Brook flows through the upper raceway into the forebay. Water is discharged from the forebay, under Mill Street, through a three-foot pipe (flume) on the way to the header tank at the top of the wheel. The water flow is fed by gravity; there is no pump.

Feel free to explore the mill with its self-guided tour.